



## Curriculum Vitae

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### Susanne Vinkel Koch

Senior Researcher and consultant, Child and Adolescent Mental Health Centre, Mental Health Services, Capital Region

Associate Professor, Institute of Clinical Medicine, Faculty of Health Sciences, University of Copenhagen

#### Education

2008 Specialist in child and adolescent psychiatry, Mental Health Services, Capital Region, Copenhagen

2008 Education in Cognitive Behavioral Therapy, SAKT, Copenhagen

2005 PhD, Faculty of Health Sciences, University of Copenhagen

1992 MD, Faculty of Health Sciences, University of Copenhagen

#### Academic positions

Since 2015 Senior Researcher (part-time position), Child and Adolescent Mental Health Centre, Mental Health Services, Capital Region

2012-2015 Postdoc and Senior Researcher, Child and Adolescent Mental Health Centre, Mental Health Services, Capital Region

Since 2012 Associate Professor, Faculty of Health Sciences, University of Copenhagen

2000-2004 PhD student: Psychosocial late effects of childhood and adolescent cancer. Pediatric Clinic, Rigshospitalet, and Institute of Cancer Epidemiology, Danish Cancer Society, Copenhagen

1999 Research assistant, Epidemiological study of infant mental health, Child and Adolescent Mental Health Centre, Mental Health Services, Capital Region

#### Clinical employment

Since 2015 Consultant in child and adolescent psychiatry (part time position), Mental Health Services, Capital Region

2012 Consultant in child and adolescent psychiatry, Mental Health Services, Capital Region

2008 - 2011 Clinical position as specialist in child and adolescent psychiatry, Mental Health Services, Capital Region

1997-1998 and 2004-2008 Clinical training in child and adolescent psychiatry, Mental Health Services, Capital Region

1993 - 1996 Clinical training in pediatrics, general medicine, internal medicine, surgery

#### Other professional experiences

2009-2016 Courses in clinical and research leadership

Since 2010 Referee of academic articles in Acta Paediatrica, Nordic Journal of Psychiatry, Journal of Cancer Survivorship

**Graduate advising**

Since 2013 Supervised 1 bachelor, 4 master theses in medicine and 1 BUP-specialist thesis.

**Funding**

Received funding from Mental Health Services, Capital Region, Beatrice Surovell Haskell

Fund for Child Mental Health Research of Copenhagen, Fru C Hermansens mindelegat.

**Main field of scientific interest**

My current research projects fall into three categories:

- 1) I am the daily clinical leader of the OCD-trial, which is a clinical randomized controlled trial examining neural- and neuro-cognitive effects of cognitive behavioral therapy and psychoeducation-relaxation therapy for pediatric OCD. The aim is to investigate mediators of the treatment effect and their influence on clinical symptoms and neuro-cognitive processes.
- 2) Register-based epidemiological research in the area of eating disorders and development of mental health disorders in general with focus on risk and resilience factors, comorbidity and trajectories of childhood and adolescent mental health disorders.
- 3) A population-based study, LOFUS, taking place in Lolland-Falster, in the southern part of Denmark, in 2016-2019. In this study we investigate early signs of mental health disorders in children and adolescents in a dimensional and trans-generational perspective. The aim is to describe "at risk states" of mental disorders and to be able to identify possible points of early intervention.