

Curriculum Vitae

Carlo Volf, born 12 May 1968, Denmark.

Work contact information

Psychiatric Center Copenhagen, Edel Sauntes Allé 10, 2100 Copenhagen Ø.

Telephone 0045-26834966. E-mail carlo.volf@regionh.dk

Education

Master's Degree from The Royal Danish Academy of Architecture and Design.

Degrees

Ph.D. Light, Architecture and Health – a Method, Aarhus School of Architecture, 2013.

Clinical position

Head of Built Environment NID (Non-pharmacological Interventions in Depression) Region H. Approved at Senior Researcher level. Approved at Associate Professor level.

Research Position

Senior Researcher at Region H in Copenhagen.

Recent positions of trust

Current board member of Society for Light and Biological Rhythms (SLTBR). Founding member of the Daylight Academy in 2016. Director of the Built Environment (www.CET.org).

Research focus and major findings

Daylight as a driver for health, artificial dynamic LED-lighting as a driver for health, natural ventilation as a driver for health. Architectural planning and research. Development and clinical testing facilities and development of novel non-pharmacological treatment methods in depressive disorders primarily by use of chronotherapeutic methods such as daylight, bright light therapy, sleep timing, and electronic monitoring, to sustain circadian rhythms and improve mood and sleep. Clinical testing based on evidence based psychometric assessment of clinical state, and randomized controlled clinical trial design (RCT).

Current projects

“ROOM-LIGHT 1:1: building a revolving Mock-up of a patient room for testing the combination of daylight, natural ventilation and artificial lighting”.

“ROOM-LIGHT A Randomized Clinical Trial”.

“Daylight as a Driver for Healthier Energy Renovation.”

“Healthy Schools – Light – Air – Sound – Principle”

Bibliometrics

2 Medline indexed scientific papers.

TV2 National News 1:1 ROOM-LIGHT, June 28th 2018.

ARCHITECTURE, movies about design and light Design Museum Denmark 2014.

LIGHT ARCHITECTURE AND HEALTH, a film project by Aarhus Film Workshop 2014.

PHD-CUP Final in Copenhagen 2012.

Nordic Designers, Arvinus Publishers AB2. 2010.

INDEX AWARD; nomination as a case study in the category *Design to improve life* 2009.

The New Generation Publishing Arnold Busk. 2005.

Light Stories (Part I and II, light experiments). 1998 – 2001.

Danish Design 1875-2000, in a 125 year anniversary release. 2000.

Supervision

External censor at Aarhus School of Architecture, at bachelor and candidate level. External censor at The Royal Academy of Fine Arts, Copenhagen, at bachelor and candidate level.