

Curriculum Vitae Lene Falgaard Eplov

Personal data

Lene Falgaard Eplov

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Education

23.01.1991

Cand. Med, Faculty of Health and Medical Sciences, Aarhus University

13.12.2002

Ph.D.-degree, Faculty of Health and Medical Sciences, Copenhagen University

01.03.2006

Specialist in psychiatry

Current and former employments

01.11.2006-30.11.2011

Senior Consultant, Head of Research Unit for Psychiatric Rehabilitation, Mental Health Centre Ballerup

01.12.2011 -31.03.2024:

Senior Consultant, Head of program for research in Recovery & Inclusion, Copenhagen Research Centre for Mental Health – CORE

01.04.24-:

Head of Research, Senior Consultant, Copenhagen Research Unit for Recovery

Management experience

Since 2006 been head of a research team. Current head of Copenhagen Research Unit for Recovery with 6 postdocs/senior researchers, 1 Ph.D.-student, 7 research assistants, 2 project managers and 1 secretary.

Principal investigator on 12 finished randomized controlled trials (RCTs) and principal investigator on one ongoing RCT. Five of the above mentioned RCT have connected qualitative studies in which I have been engaged. Principal investigator on two implementation projects and on an evaluation of Headspace. In the board of principal investigators of The Research Centre for Family-based Interventions, which among others include a RCT investigating the effect of a family-based complex intervention.

Scientific focus areas

Clinical and personal recovery; User involvement; Integrated Care; Stigmatization (All new research areas which is reflection in the achieved publications and H-index); Randomized trials; Reviews; Mixed methods.

Internationale relations

Professor Mike Slade, Nottingham University; Professor David Roe, University of Haifa; Professor Ute Bültmann and postdoctoral researcher Iris Arends, University of Groningen; Professor Richard Byng, Plymouth University; research fellow Daniel Hayes, King's College London Institute of Psychiatry; PhD Senior Research Associate Gary R Bond, IPS Employment Center, New Hampshire; Professor Susan McGurk, Center for Psychiatric Rehabilitation, Boston University; Professor Kim T Mueser, Center for Psychiatric Rehabilitation; Professor Ulrika Bejerholm, Lund University.

Supervisor

Supervisor and Co-supervisor for 14 completed PhD. -studies. Co-supervisor on 3 ongoing PhD. -studies.

Academic and honours

Award for second best oral presentation, Glostrup Hospitals Research Day, 2004.

Winner, HelseFondens thesis, 2011.

Other scientific qualifications

Referee on more than 10 journals, in the assessment Committee on 4 PhD-thesis.

Research grants: The National Labour Market Authority 54.8 million DKK, Ministry of Health 25.2 million DKK, Trygfonden 17,4 million DKK, Det Obelske Familiefond 5 million DKK, Velux Foundation 3.8 million DKK, Helsefonden 1,7 million DKK, Statens Sundhedsvidenskabelige Forskningsråd 0,45 million DKK and Research Fund of the Mental Health Services – Capital Region of Denmark 2.1 million DKK.

List of publications Lene Falgaard Eplov

PhD thesis in 2002 (monograph), 129 publications in peer-reviewed journals, 108 original papers and 11 reviews. First author on 18 and last author on 50 original papers and reviews. Furthermore written 13 reports, 20 chapters in books, editor on two books. H-index (Web of Science): 20.

20 selected publications (chronological)

1. **Eplov LF**, Jørgensen T, Birket-Smith M, Segel S, Johansen C, Mortensen EL. Mental vulnerability as a predictor of early mortality. *Epidemiology* 16: 226-232.
2. **Eplov LF**, Jørgensen T, Birket-Smith M, Petersen J, Johansen C, Mortensen EL (2006). Mental vulnerability: a risk factor to ischaemic heart disease. *J Psychosom Res* 60: 169-176.
3. Hellström L, Bech P, Hjorthøj C, Nordentoft M, Lindschou J, **Eplov LF** (2017). Effect on return to work or education of Individual Placement and Support modified for people with mood and anxiety disorders: results of a randomised clinical trial. *Occup Environ Med* 74:717–725.
4. Dalum HS, Waldemar AK, Korsbek L, Hjorthøj CR, Mikkelsen JH, Thomsen K, Kistrup K, Olander M, Lindschou J, Nordentoft M, **Eplov LF** (2018). Participants' and staffs' evaluation of the Illness Management and Recovery program: a randomized clinical trial. *J Ment Health* 27:30-37.
5. Poulsen CH, **Eplov LF**, Hjorthøj C, Eliassen M, Skovbjerg S, Dantoft TM, Schröder A, Jørgensen T (2017). Irritable bowel symptoms and the development of common mental disorders and functional somatic syndromes identified in secondary care – a long-term, population-based study. *Clin Epidemiology* 9: 393–402.
6. Jensen SB, Dalum HS, Korsbek L, Hjorthøj C, Mikkelsen JH, Thomsen K, Kistrup K, Olander M, Lindschou J, Mueser KT, Nordentoft M, **Eplov LF** (2019). Illness management and recovery: one-year follow-up of a randomized controlled trial in Danish community mental health centers: long-term effects on clinical and personal recovery. *BMC Psychiatry* 19:65.
7. Christensen TN, Wallstrøm IG, Stenager E, Bojesen AB, Gluud C, Nordentoft M, **Eplov LF** (2019). Effects of Individual Placement and Support Supplemented With Cognitive Remediation and Work-Focused Social Skills Training for People With Severe Mental Illness Results From a Randomized 3-Group Clinical Trial. *JAMA Psychiatry* 76:1232-1240.
8. Christensen TN, Kruse M, Hellström L, **Eplov LF** (2020). Cost-utility and cost-effectiveness of individual placement support and cognitive remediation in people with severe mental illness: Results from a randomized clinical trial. *Eur Psychiatry* 64: e3.
9. Brinck-Claussen UØ, Curth NK, Christensen KS, Davidsen AS, Mikkelsen JH, Lau ME, Lundsteen M, Csillag C, Hjorthøj C, Nordentoft N, **Eplov LF** (2021). Improving the precision of depression diagnosis in general practice: a cluster-randomized trial. *BMC Fam Pract* 22:88.
10. Christensen TN, Wallstrøm IG, Bojesen AB, Nordentoft M, **Eplov LF** (2021). Predictors of work and education among people with severe mental illness who participated in the Danish individual placement and support study: findings from a randomized clinical trial. *Soc Psychiatry Psychiatr Epidemiol* 56:1669-1677.
11. Wallstroem IG, Pedersen P, Christensen TN, Hellström L, Bojesen AB, Stenager E, White S, Mueser KT, Bejerholm U, van Busschbach JT, Michon H, **Eplov LF** (2021). A Systematic Review of Individual Placement and Support, Employment, and Personal and Clinical Recovery. *Psychiatr Serv* 72:1040-1047.
12. Hoff A, Poulsen RM, Fisker J, Hjorthøj C, Rosenberg N, Nordentoft M, Bojesen AB, **Eplov LF** (2022). Integrating vocational rehabilitation and mental healthcare to improve the return-to-work process for people on sick leave with depression or anxiety: results from a three-arm, parallel randomised trial. *Occup Environ Med* 79:134-142.
13. Hoff A, Fisker J, Poulsen RM, Hjorthøj C, Rosenberg NK, Nordentoft M, Bojesen AB, **Eplov LF** (2022). Integrating vocational rehabilitation and mental healthcare to improve the return-to-work process for people on sick leave with stress-related disorders: results from a randomized trial. *Scand J Work Environ Health* 48:361-371.
14. Hoff A, Poulsen RM, Fisker JP, Hjorthøj C, Nordentoft M, Bojesen AB, **Eplov LF** (2023). Integrated mental healthcare and vocational rehabilitation for people on sick leave with stress-related disorders: 24-month follow-up of the randomized IBBIS trial. *Scand J Work Environ Health* 49:303-308.

15. Curth NK, Hjorthøj C, Brinck-Claussen U, Jørgensen KB, Rosendal S, Bojesen AB, Nordentoft M, **Eplov LF** (2023). The effects of collaborative care vs. consultation liaison for anxiety disorders and depression in Denmark: two randomized controlled trials. *Br J Psychiatry* Jul 3;1-8. doi: 10.1192/bjp.2023.77. Online ahead of print.
16. Bjørkedal SB, Bejerholm U, Hjorthøj C, Møller T, **Eplov LF** (2023). Meaningful Activities and Recovery (MA&R). A co-led peer occupational therapy intervention for people with psychiatric disabilities. Results from a randomized controlled trial. *BMC Psychiatry* 23:406. doi: 10.1186/s12888-023-04875-w.
17. Hansen HG, Speyer H, Starzer M, Albert N, Hjorthøj C, **Eplov LF**, Nordentoft M (2023). Clinical Recovery Among Individuals With a First-Episode Schizophrenia an Updated Systematic Review and Meta-Analysis. *Schizophr Bull* 49:297-308.
18. Egmosse CH, Poulsen CH, Hjorthøj C, Mundy SS, Hellström L, Nielsen MN, Korsbek K, Rasmussen KS, **Eplov LF** (2023). The Effectiveness of Peer Support in Personal and Clinical Recovery-Systematic Review and Meta-Analysis. *Psychiatr Serv* Feb 8; Online ahead of print.
19. Petersen MW, Carstensen TBW, Wellnitz KB, Ørnbøl E, Frostholt L, Dantoft TM, Jørgensen T, **Eplov LF**, Fink P. Neuroticism, perceived stress, adverse life events and self-efficacy as predictors of the development of functional somatic disorders: longitudinal population-based study (DanFunD). *BJPsych Open*. 2024 Jan 25;10(1):e34. doi: 10.1192/bjo.2023.644.
20. Hoff A, Bojesen AB, **Eplov LF**. The Danish Ibbis Trials for Sickness Absentees with Common Mental Disorders: A Phase 4 Prospective Study Comparing Randomized Trial and Real-World Data. *Int J Integr Care* 2024 Jul 26;24(3):10. doi: 10.5334/ijic.7562. eCollection 2024 Jul-Sep.