

1. Title: Somatic comorbidity in traumatised refugees with post-traumatic stress disorder
(This project is linked to [Stress Management versus Cognitive Restructuring: a randomised clinical study on traumatised refugees \(PTF2\)](#))

2. Project period: 15-01-2012 – 13-12-2013

3. Investigator: Mette Lolk, MD

4. Supervisors

- Assoc. Prof. Marie Nørredam, MD, PhD (MESU, University of Copenhagen)
- Jessica Carlsson Lohmann, MD, PhD (CTP)

5. Aims

- To set out a descriptive presentation of somatic comorbidity in refugees diagnosed with PTSD who started a course of treatment at the Competence Centre for Transcultural Psychiatry (CTP) (former Psychiatric Trauma Clinic for Refugees) in the period of 15-04-2008 to 13-03-2012.
- To have a special focus on the occurrence of the following comorbid somatic illnesses: cardiovascular disease, apoplexy and type 2 Diabetes mellitus.
- To compare the findings regarding somatic illness with a refugee cohort without PTSD.

6. Methods

6.1 Number of participants: 407

6.2 Population: Adult refugees diagnosed with PTSD admitted to treatment at CTP

7. Dissemination of results

Following paper is presently in review:

Somatic comorbidity among traumatised migrants with depression and posttraumatic stress disorder