



## Curriculum Vitae

### Anne Amalie Elgaard Thorup

Professor, MD, PhD, specialist in child and adolescent psychiatry.

Clinical Professor, Department of Clinical Medicine, Faculty of Health and Medical Sciences, University of Copenhagen

Employed Senior Specialist/Consultant, Child and Adolescent Mental Health Center, Capital Region of Denmark

Born 15 July 1966, married, 3 children, Hoffmeyersvej 33, Frederiksberg, 53 years of age

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#### Medical and Scientific Qualifications

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- 1996** June: Medical State Examination, University of Copenhagen, Denmark
- 2005** Dec 8: Doctor of Philosophy (PhD) thesis '*Gender differences, negative symptoms and social network in patients with first-episode schizophrenia spectrum disorders randomized to standard treatment or integrated treatment in the OPUS trial*', Faculty of Health Sciences, University of Copenhagen, Denmark
- 2011** Aug 31: Specialist in child and adolescent psychiatry, Child and Adolescent Mental Health Center, Capital Region of Denmark.

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#### Publications (please see publication list for details)

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61 accepted papers, 10 as 1<sup>st</sup> author, 6 as last author, 5 submitted papers and 5 in preparation

H-index: 25 (Web of Science Aug 2019)

One book chapter on 'Early intervention' in 'Child and Adolescent Psychiatry for medical students (Published Jan 2019)

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#### Supervision of Phd-students and evaluation of theses

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*6 as co-supervisor (4 completed) and 6 as main supervisor (1 completed, 5 ongoing).*

*6 evaluations of phd theses (three as opponent, three as chair)*

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#### Research projects and management

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- 2001-2006:** PhD study in the Danish OPUS Trial based on a randomised, clinical, multicenter trial including experience with complex statistical methods, psychopathology and psychiatric diagnoses and opportunities for treatment.

*(2006-2011: maternity leave and specialist residency 1.1.06-30.9.2011)*

- 2012- ongoing:** Together with Prof. Merete Nordentoft designed and applied for funding for *The Danish High Risk and Resilience Study*, which is a register based, nationwide clinical cohort study of 522 children born to parents with severe mental illness and controls. Part of the PI group and day-to-day head of the group of researchers involved in *The VIA 7* study from the start. Daily leader for the group.

- 2015- ongoing:** Associate professor in a researcher lectureship. Day-to-day head of and part of the PI-group in the *The Danish High Risk and Resilience Study - VIA 11* - the first follow-up of the

522 children in the VIA 7 cohort.

- 2016- ongoing:** Research manager and PI of the *VIA Family Intervention Study* – a randomized, clinical study aiming at investigating the effects of a multidisciplinary, integrated and specialized intervention for children in families where with parental mental illness.
- 2014- ongoing:** *Register studies:* collaboration with Anne Ranning psychologist, PhD and postdoc about studies of offspring of parents with mental illness.
- 2017-2018:** *Qualitative study:* Supervision of anthropologist Kamilla Bjørkøe Jensen, who has conducted a qualitative study about family life and children’s perspective.
- 2017- ongoing** *OPUS Young:* researchers from child and adolescent research unit are collaboratively conducting an intervention study, called OPUS Young, comparing standard treatment with an experimental, specially designed treatment for young people under 18 with a first episode psychosis.
- 2017- ongoing:** *OPUS 20:* Part of the PI-group for the 20-year follow-up of the original OPUS cohort, (led by Prof. Merete Nordentoft).
- 2017- ongoing:** PI member of postdoc Anne Ranning’s randomized study ‘SAFIR’ testing Beardslee’s Psychoeducational Family Intervention against TAU.
- From 2016** Part of an international network on Children of Parents with Mental Illness lead by prof. Giovanni de Girolamo, including more than 35 countries. (COST application)

#### **Grants and funding (main applicant)**

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- 1999:** Grant from Capital Region of Denmark, full payment for a PhD- study. (DKK 1.5 m)
- 2011:** Grant from the Capital Region of Denmark, Mental Health Services, full payment for three years as postdoc (DKK 1.8 m)
- 2015:** 5 year-grant: Ass. Professor, psychiatric research lectureship, Institute of Clinical Medicine, University of Copenhagen, Child and Adolescent Mental Health Center, Capital Region of Denmark
- 2016:** One year stipendium for a qualitative study in VIA 11 from TRYG Foundation, DKK 0.5 m (anthropologist Camilla Hasager Bjørkøe)
- Danish Ministry of Health (‘Satspuljen’) DKK 9.2 m for the VIA Family intervention project
- TRYG Foundation and DKK 4 m for The VIA Family intervention project.
- Capital Region of Denmark, Research Fund: DKK 750,000 for a PhD study in VIA 11 study (Psychologist Maja Gregersen).
- 2018:** DKK 145,000 from Danielsen’s Fund (psycho educational groups for children in VIA Family Intervention Study)

#### **Employment**

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- 1996-1999:** Clinical doctor in adult psychiatry and basic clinical education
- 2000- 2007:** PhD-student and research assistant, Research Unit, Mental Health Center Copenhagen (Prof. Merete Nordentoft)
- 2007-2011:** Residency in child and adolescent psychiatry at Child Adolescent Mental Health Centre, Capital Region of Denmark.
- 2011-:** Senior researcher, daily head of ‘The Danish High Risk and Resilience Study -VIA 7 and VIA 11’
- 2015-2018:** Associate professor, research lectureship, child and adolescent mental health center, Capital Region of Denmark.
- 2019-** 5-year clinical professorship, University of Copenhagen