



WELCOME

Day patient in the child psychiatric unit

VELKOMMEN – Dagpatient på børnepsykiatrisk afsnit
Sprogversion: Engelsk

WELCOME

At this child psychiatric unit, we test and treat children with learning disabilities and mental illness.

The staff will help your child to settle into the unit. They will hand out and go through various items of information and explain about day-to-day life on the unit, such as mealtimes and other activities.

If you or your child have any questions, you are welcome to speak to your contact or any of the other staff.

YOUR CONTACT DOCTOR AND PRIMARY CONTACT

Your child will be assigned a therapist responsible for the course of treatment, and a primary contact. They will work together to plan and manage tests and treatment. Responsibility for the treatment always rests with the consultant in charge of the treatment.

The names of the doctor and therapist responsible for your child's treatment and the primary contact can be found in the information about the unit that is attached to this leaflet.

TESTING AND TREATMENT

Your child may have been assigned to this unit for one of two reasons. It may be to diagnose the child's problems. Or it may also be the case that your child is already undergoing treatment but that we need to observe him or her during the day to see whether or not the treatment is having the desired effect.

The usual forms of treatment are counselling, family advice, environmental therapy and medicinal treatment. Many different professional groups are responsible for working together to create a good course of treatment.

The testing and treatment of your child take place in very close collaboration with you as a parent. Other family members may also be involved, such as the child's brothers and sisters.

The staff are subject to a duty of confidentiality. This means that they are only allowed to discuss your child's testing and treatment with you as a parent and with those involved in the treatment.

TREATMENT PLAN

During the first week, the doctor will work with the other staff to put together a plan for the tests and treatment activities your child will be taking part in. As a parent, you will be involved in this planning so that we agree on the course of treatment. You will also be offered a copy of the treatment plan.

MEDICATION

Some children need treatment with medication. If this is the case, the doctor will decide what medication your child needs during his/her stay in the unit and will discuss this with you. The doctor will explain, among other things, how the medication works and about possible side effects.

For your child's treatment, we need to know what medication, if any, your child is currently taking. This also applies to over-the-counter medicines available without a prescription and herbal medicines.

If your child has brought any medication with him/her from home, you must hand this in to the staff. This also applies to medicines available without a prescription and herbal medicines.

SCHOOLING

If your child is of school age, he/she will be given schooling while on the unit. A teacher, who is attached to the centre, will draw up a course of schooling adapted to the needs and level of each child.

YOUR CHILD'S PATIENT RECORD

Your child's illness, and the treatment and its effects, are described in your child's patient record. You have the option to see your child's record by agreement with the doctor.

To organise the testing and treatment in the best possible way, we need to be able to exchange information about your child with your GP and, perhaps, the municipality. We will discuss this with you.

WHEN THE COURSE OF TREATMENT ENDS

Most children continue to need support after a course of treatment in this unit. Before your child is discharged, your child's primary contact will therefore plan the subsequent treatment with you as the parent. As the subsequent treatment often takes place under the auspices of the municipality, the municipality and school will normally also be invited to take part.

WE ARE INTERESTED TO HEAR WHAT YOU THINK

We would like to know how you and your child feel about your child's stay in the unit. Please contact the staff if you have any ideas for improvements.

WOULD YOU LIKE TO KNOW MORE?

You can find out more about Mental Health Services – Capital Region of Denmark at www.psykiatri-regionh.dk.

MENTAL HEALTH SERVICES – CAPITAL REGION OF DENMARK

Mental Health Services – Capital Region of Denmark is Denmark's largest mental health care hospital and treats around 41,000 patients annually for illnesses such as schizophrenia, anxiety and depression. Treatment takes place at the Mental Health Centres and Mental Health Centres for Child and Adolescent Psychiatry of Mental Health Services – Capital Region of Denmark, which are geographically spread across the Capital Region. Treatment under Mental Health Services – Capital Region of Denmark is primarily provided at outpatient clinics and Community Mental Health Centres, by visiting teams and, where necessary, by inpatient admission.

Region Hovedstadens Psykiatri (Mental Health Services – Capital Region of Denmark)

Kristineberg 3
DK-2100 Copenhagen Ø, Denmark
Tel.: +45 4511 2000
www.psykiatri-regionh.dk

Graphic design: Rikke Bransner
Koncern Kommunikation, Grafik & TV
Photography: Phillip Drago Jørgensen
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The pictures in this leaflet show patients and staff in everyday situations in Region Hovedstadens Psykiatri (Mental Health Services – Capital Region of Denmark).

